

Turning to David's final few years at Manchester United and his decision to join Real Madrid, Michael asks Victoria whether she wanted David to leave for Spain.

"I wanted him to go wherever he wanted to go," answers Victoria.

"There were lots of people saying that it was me who dragged him away from Manchester. I have never got involved with the football. I think I'm a very easy target, a very easy person to blame."

Victoria goes on to tell Michael that David "was very down" during the end of his career at Manchester United, but that he never let his emotions show.

"He didn't do his dirty laundry in public. He just kept his head down and got on with his football and let the football do the talking."

Michael asks Victoria about life in Spain and how the Beckhams have adapted to life away from Britain.

"As far as we knew, we were going back to Manchester, and then all of a sudden he got sold so we were moving to Spain," says Victoria.

"We didn't have a house – and it takes a long time to find a house. We wanted somewhere that was private, but we didn't want anything that was really, really big. I'm there for quite a lot of the time on my own with the kids. It was hard for us to find a house."

Victoria tells Michael that she, David and the children were forced to move temporarily into a hotel.

"There were so many paparazzi outside that we couldn't get the kids out of the hotel," continues Victoria.

"We used to put the kids in the back of the car and put coats on top of them, just so we could get them out for half an hour so they could run around the park."

"I was sitting in McDonald's the other day with Brooklyn and Romeo having tea," Victoria reveals. "Someone came up to me and said, 'What are you doing here in England?' I think the media has almost made me feel as though I shouldn't be here."

Michael asks Victoria how she and David protect their children from the inordinate amount of interest which they attract wherever they go.

"I think that all children think that their life is normal," says Victoria. "Brooklyn thinks that everybody's mummy is on the television, everybody's daddy is on the television. He thinks it's pretty regular."

"My sister's little girl goes through Hello! magazine and thinks it's a family album. Brooklyn doesn't see magazines or newspapers."

"And when photographers take pictures of him, we just say it's because he's so cute, like his daddy."

Turning back the clock a few years, Michael asks Victoria whether the media frenzy surrounding her now is any different to that which she experienced when she was in the Spice Girls.

"I think it was different in the Spice Girls," admits Victoria.